

# Délaöldi Ugrós

(Tápé, Hungary)

Délaöldi Ugrós means "jumping dance" and comes from the southern plains region in South-Eastern Hungary, around the town of Tápé. The dance is also called Olahos (The Wallachian). This version is a couple form, although much of the time partners dance separate and apart from one another. It is based on steps learned from Sándor Timár, and films of village dancers. Traditionally and today in the Táncház it is danced free-style. I've put this sequence together for teaching purposes.

Pronunciation:

Cassette: Steve's Stockton '97, The Big 50 2/4 meter  
SLPX 18031-32 (Double Táncház Record), or Sebö, SLPX 17482 (The brown one)

Formation: Cpls scattered about the dance floor facing each other, R hands joined and down. Free hand can be held up—W hold a small handkerchief while M snap fingers or place hand on waist or behind back.

Steps: Single Csárdás step: Step on R to R (ct 1); close L beside R, no wt (ct 2). Repeat with opp ftwk and direction. This step can be used to move or done in place.

Meas

Pattern

## I. CSÁRDÁS

1-8 Starting with R, do 8 Single Csárdás steps. M stamp R on ct 2 of meas 8.

## II. SCISSORS

1 Fall onto R to R (ct 1); step on L behind R (ct &); fall onto R to R (knee slightly bent), L remains on floor with knee bent and slightly turned in (ct 2).

2 Rising on R, touch L in front (knee straightened) (ct 1); leap in place on L (knee bent slightly) and extend R fwd (knee straightened) (ct 2).

Note: Cts 1-2 are scissors-like, but well controlled.

3-4 Repeat meas 1-2.

5 Fall onto R to R (ct 1); step on L behind R (ct &); fall onto R to R (ct 2); step on L behind R (ct &).

6-7 Repeat meas 1-2.

8 Repeat meas 2.

9-16 Repeat meas 1-8, except clap own hands on cts 1, &, 2 of meas 1 and 3, and (optional) cts 1-2 of meas 8.

## III. MEN'S CSAPÁS SLAPS

1 Slap R hand on R upper boot (R leg straight) (ct 1); step fwd on R and clap hands at face level (ct 2).

2 Repeat meas 1 with opp ftwk.

## Délaföldi Ugrós—continued

- 3 With R leg up and fwd (knee slightly bent), slap R hand on R inner boot top (ct 1); clap both hands near boot (ct &); repeat cts 1, & (cts 2,&).
- 4 Repeat meas 3.
- 5-6 Lift lower R leg out to R side (knees close together) and slap and clap R outside heel as in meas 3-4,
- 7-8 Stepping on R in place (knee slightly bent) and turning upper body slightly to R, slap L hand on L upper thigh (ct 1); clap (ct &); continue slap and clap down while twisting slowly to L, finish kneeling on R knee facing to L (cts 2, &, 1, &, 2, &).
- 9 Slap R hand on floor (ct 1); clap near L ear (ct 2).
- 10 Slap R hand on floor (ct 1); clap L hand on floor (ct &); clap R hand on floor (ct 2).
- 11 Clap near L ear (ct 1); hold (ct 2).
- 12 Slap R hand on floor, except follow through (ct 1); rise on L (ct 2).
- 13-14 With R hand over head, L hand down to side, turn 2 full times CW (R) with 4 buzz steps or down-beat Rida steps (step on R across L with plié (ct 1); step fwd on ball of L ft (ct &).)
- 15-16 Repeat Fig II, meas 7-8, Scissors.

III. WOMEN'S STEP

- 1 Facing and moving R, run R, L (cts 1,2).
- 2 Turn to face M, step sdwd on R to R (ct 1); close L to R (ct &); step on R in place and extend L diag to L side (knee straight) (ct 2).
- 3 Repeat meas 2 with opp ftwk and direction.
- 4 Repeat meas 1.
- 5 Raise R arm over head, and with 2 running steps (R, L), turn CCW (L) (cts 1-2).
- 6-7 Repeat meas 2-3.
- 8 Repeat meas 2.
- 9-16 Repeat meas 1-3 with opp ftwk and direction.

IV. MEN'S CLICKS

- 1 Jump onto both ft (about shldr width apart) (ct 1); click heels in air (ct &); repeat cts 1, & (cts 2,&).
- 2 Land on R (ct 1); close L beside R with accent (ct &); stamp R beside L (ct 2).
- 3 Repeat meas 1.
- 4 Repeat meas 2 with opp ftwk.
- 5 Singles: Repeat meas 1, cts 1, & (cts 1,&); land on R (ct 2); close or click L to R (ct &).
- 6 Repeat meas 5 with opp ftwk.
- 7-8 Repeat meas 1-2.
- 9-16 Repeat meas 1-8, except clap on all clicks including cts 2, & of meas 5 and 6.

## Délaföldi Ugrós—continued

V. WOMEN

- 1 With hands on hips or R hand above head, lift on L and bring R up and around in back of L (ct 1); step on R behind L (ct 2).
- 2 Repeat meas 1 with opp ftwk.
- 3-4 Repeat Fig II, meas 1-2.
- 5-8 Repeat meas 1-4.
- 9-12 Turning and moving in a large circular path to the R (both hands up and fwd), step fwd on R with plié (ct 1); step fwd on ball of L ft (ct &); repeat cts 1, & seven times (8 times in all).
- 13-16 Repeat Men's Fig III, meas 13-16, turning in place with both hands up.

Sequence: Fig I  
 Fig II  
 Fig II + claps  
 Fig III M (slaps); Fig III W  
 Fig I  
 Fig II  
 Fig IV  
 Fig III M (slaps); Fig V W

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